

**Northview High School**  
**CLAY COUNTY SECONDARY LUNCH**  
**NOV LUNCH**  
**2022**

Oct 27, 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	Nov - 1 CORN DOG PIZZA RED PEPPER STRIPS BROCCOLI & CHEESE PEARS JUICE MILK, VARIETY	Nov - 2 CHICKEN TENDER W/ GARLIC TO PIZZA CORN POTATO SALAD JUICE STRAWBERRIES,FRESH MILK, VARIETY	Nov - 3 HOT DOG / BUN PIZZA BAKED BEANS LETTUCE & TOMATO POTATO CHIPS BLUEBERRIES,Fresh JUICE MILK, VARIETY	Nov - 4 CHICKEN PATTY/BUN PIZZA LETTUCE & TOMATO CHEESE POTATOES PEACHES JUICE MILK, VARIETY
Nov - 7 PORK FRITTER PIZZA RED PEPPER STRIPS GREEN BEANS PEACHES JUICE MILK, VARIETY	Nov - 8 GENERAL TSO CHICKEN & RICE PIZZA CALIFORNIA BLEND VEGGIES RED PEPPER STRIPS FORTUNE COOKIE PINEAPPLE JUICE MILK, VARIETY	Nov - 9 CHICKEN QUESADILLA PIZZA SEASONED FRIES SLAW APPLESAUCE JUICE MILK, VARIETY	Nov - 10 CHICKEN NUGGETS PIZZA CUCUMBER COINS BAKED BEANS MANDARIN ORANGES JUICE MILK, VARIETY	Nov - 11 BBQ PORK PIZZA CARROTS&CELERY / DIP MIXED VEGETABLES PEACHES JUICE MILK, VARIETY
Nov - 14 TACO SALAD PIZZA REFRIED BEANS LETTUCE & TOMATO PINEAPPLE JUICE MILK, VARIETY	Nov - 15 CHICKEN TENDER W/ GARLIC TO PIZZA POTATO SALAD BROCCOLI & CHEESE APPLESAUCE JUICE MILK, VARIETY	Nov - 16 CHICKEN RANCH WRAP PIZZA CARROTS / DIP CORN MAC & CHEESE PEARS JUICE MILK, VARIETY	Nov - 17 COUNTRY FRIED CHICKEN PIZZA SALAD W/ DRESSING FRENCH FRIES PEACHES JUICE MILK, VARIETY GRAHAM CRACKERS	Nov - 18 PIZZA STEAK BITES CORNBREAD WG CARROTS / DIP GREEN BEANS PEARS JUICE
Nov - 21 TURKEY & NOODLES W/ ROLL PIZZA MASHED POTATOES GREEN BEANS PUMPKIN PIE MANDARIN ORANGES JUICE MILK, VARIETY	Nov - 22 SUB SANDWICH PIZZA MIXED VEGETABLES CELERY W/ PB APPLESAUCE POTATO CHIPS COOKIE, HOLIDAY MILK, VARIETY JUICE	Nov - 23 THANKSGIVING BREAK	Nov - 24 THANKSGIVING BREAK	Nov - 25 THANKSGIVING BREAK
Nov - 28 ROTINI W/MEAT SAUCE PIZZA BREADSTICK, CHEESE STUFFED CARROTS&CELERY / DIP CORN FRUIT COCKTAIL JUICE MILK, VARIETY	Nov - 29 CHICKEN,OVEN FRIED PIZZA MASHED POTATOES LETTUCE & TOMATO ROLL/ MARG. RICE KRISPY TREAT FRESH FRUIT JUICE MILK, VARIETY	Nov - 30 COOKS CHOICE; ENTREE PIZZA COOKS CHOICE FRESH VEGGIES COOK'S CHOICE VEGETABLE FRESH FRUIT JUICE MILK, VARIETY		

ALL MENUS SUBJECT TO CHANGE WITHOUT NOTICE!!!! PREMADE SALADS AVAILABLE,PIZZA AND PBJ WILL BE AVAILABLE!!

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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Monday	Tuesday	Wednesday		Thursday	Friday	
	Average	Weekly Target	% of Target	Average	% of Calories	Weekly Target
Calories	781	750-850	100%	Protein	38.78 g	19.86%
Sodium	1567 mg	1420		Carbohyd	89.80 g	46.00%
Fiber	7.79 g			Tot. Fat	30.41 g	35.05%
Calcium	836.04 mg			Sat. Fat	10.99 g	12.66%
						<=30.0%
						<10.00%

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